



# Help Is Here

Emotional Harmony & Mental Balance

A Guide to Practitioners in Moore County.

*Dial 988 for Emergency*

Prepared by the



**SANDHILLS  
COALITION**  
FOR PEACE, LOVE & JUSTICE

# SANDHILLS COALITION



FOR PEACE  
LOVE &  
JUSTICE

## Our Mission

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To serve as a positive force against  
discrimination, intolerance, and  
hatred of all kinds through  
education and action.

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Email: [sandhillscoalition4peace@gmail.com](mailto:sandhillscoalition4peace@gmail.com)

The Sandhills Coalition for Peace, Love & Justice (SCPL&J) was created in February 2023. When hateful banners were placed on highway bridges near the main entranceways into Pinehurst and Southern Pines, followed by the December 2022 attack on the Moore County power grid, community leaders knew a response was necessary to demonstrate that such acts are not characteristic of our community. A diverse group of community leaders, including representatives from the Sandhills Jewish Congregation, Sandhills PRIDE, and the Moore County NAACP, founded the SCPL&J and called upon other individuals, political, business, and faith leaders --- of all political persuasions --- to join with them and strongly condemn such acts of hatred. Additionally, the SCPL&J worked with the US Department of Justice Community Relations Service (CRS) to convene a meeting of diverse community leaders, with the purpose of identifying issues of local concern and ways of addressing them. That community meeting was held in May 2023. One of the most pressing issues, as indicated by the attendees, was the lack of public information about mental health access in the Sandhills region.

In an effort to improve access to mental healthcare in Moore County and the Sandhills region of North Carolina, the SCPL&J provides this Directory of licensed and qualified local mental healthcare providers, as well as national hotlines and local groups staffed by knowledgeable laypersons.

The SCPL&J also acknowledges, and is very grateful for, a \$2,000.00 micro-grant provided by The Carter Center and Root Change, as well as contributions from individuals, for the purpose of producing this Directory.

We emphasize that mental health is not simply the absence of a mental disorder. Instead, it is a combination of wellness, development, and life skills which help determine one's quality of life, as well as a healthy contribution to the community. Positive parenting skills, prevention, early intervention, and improved access to care are a few ways that individuals and support systems can insure healthy outcomes. Mental health conditions such as anxiety, depression, and post-traumatic stress disorder often are associated with risk factors

and co-existing conditions, such as childhood abuse, social isolation, and bereavement. Overcoming the stigma of care is another hurdle to overcome, especially in segments of the community that are new to healthcare coverage and insurance, or due to personal biases about mental health. This Directory is compiled with all those considerations in mind.

In December 2023, 600,000 more North Carolinians were able to access healthcare through the NC Department of Health and Human Services' enrollment in the federal Healthcare Access and Stabilization Program (HASP). This authorization is part of a broader plan to support access to bring more care to rural areas, mental health and substance abuse disorder treatment, as well as care for more veterans, working adults, and their families. Consequently, this Directory is published at this time to aid in the transition of help for these previously underserved populations.

Our fervent hope is that by providing the public access to mental health providers, health educators, community aftercare services, and residential facilities, the public good will be further served.

The accuracy of the following information is based upon details submitted by the providers, and the SCPL&J accepts no liability for any damage resulting from incorrect information provided to it. While the SCPL&J has done its best to provide the most current contact information for these providers, such information is always subject to change. Therefore, this Directory is not intended as a complete list of providers in the area; nor does the SCPL&J recommend specific providers. Every effort has been made to list providers who are licensed under North Carolina law. It is the responsibility of consumers and patients to make informed decisions regarding their choice of mental healthcare providers, and to always contact providers to verify all information before accepting services, so as to avoid unexpected fees and ensure the most appropriate care. All mental healthcare services are confidential, and all fees are the responsibility of the patient or consumer.

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**If you or someone you know is experiencing a mental health emergency, please contact the Suicide and Crisis Lifeline by calling, texting, or chatting at #988.**

The lifeline can also be reached online at [www.988lifelong.org](http://www.988lifelong.org), or [www.988lineadevida.org](http://www.988lineadevida.org) for Spanish language. Trained crisis counselors are available 24/7, and all help is confidential.

Also, especially for veterans and military service members, help is available at the Veterans' Crisis Line, [www.veteranscrisisline.net](http://www.veteranscrisisline.net), or **#988 + 1**. Counselors are available 24/7 to assist with all types of crises, including anxiety, hopelessness, and self-harm.

**FOR EMERGENCY ASSISTANCE IN OTHER SPECIALIZED CIRCUMSTANCES, PLEASE CONTACT:**

Alcoholics Anonymous:  
<https://aa.org>

CDC National HIV and AIDS Hotline:  
<https://www.cdc.gov/hiv/library/hotlines.html>  
800-232-4636

Childhelp National Child Abuse Hotline:  
<https://childhelphotline.org>  
800-422-4453

Diabulimia Helpline:  
[www.diabulimiahelp.org](http://www.diabulimiahelp.org)  
425-985-3635

Disaster Distress Helpline Online Peer Support Communities:  
<https://strengthafterdisaster.org>

Substance Abuse and Mental Health Services Administration  
National Helpline:  
[www.samhas.gov/find-help/national-helpline](http://www.samhas.gov/find-help/national-helpline)  
800-662-4357

Narcotics Anonymous:  
<https://na.org>

National Alliance for Eating Disorders Helpline:  
[www.allianceforeatingdisorders.com](http://www.allianceforeatingdisorders.com)  
866-662-1235

National Domestic Violence Hotline:  
[www.thehotline.org](http://www.thehotline.org)  
800-799-7233

RAINN: Rape, Abuse & Incest National Network;  
[www.rainn.org](http://www.rainn.org)

National Sexual Assault Hotline  
800-656-HOPE,  
or chat online at [online.rainn.org](http://online.rainn.org)

The Trevor Project; 24/7 crisis hotline and online resource for  
LGBTQ+ youth  
[www.thetrevorproject.org](http://www.thetrevorproject.org)  
866-488-7386, or text 678-678

Trans Lifeline; grassroots hotline offering emotional and financial  
support for trans/nonbinary people in crisis;  
<https://translife.org>  
877-565-8860

# Mental Health Care Providers

## INDIVIDUAL PROVIDERS AND GROUP PROVIDERS

### **ALEXANDER YOUTH NETWORK**

910-684-1400

[www.alexanderyouthnetwork.org](http://www.alexanderyouthnetwork.org)

[info@alexanderyouthnetwork.org](mailto:info@alexanderyouthnetwork.org)

945 SW BROAD ST • SOUTHERN PINES , NC 28387

*Services for children with emotional and behavioral challenges.*

### **ALLEN BROOKS PROFESSIONAL COUNSELING**

910-364-8930

[www.allenbrooksllpc.com](http://www.allenbrooksllpc.com)

212 ELM ST • ABERDEEN , NC 283152802

*Counseling for individuals, families, groups.*

### **THE ARC OF MOORE COUNTY INC**

910-692-8272

[www.thearcofmoore.org](http://www.thearcofmoore.org)

673 S BENNETT ST • SOUTHERN PINES, NC 28387

*Services for those with intellectual/developmental disabilities.*

### **BE FREE RECOVERY**

Tayloe Moye, LCSW, LCAS

780 NW BROAD STREET, SUITE 400

(inside Baker Law Firm) SOUTHERN PINES, NC 28387

*Treatment of substance abuse disorders, including intervention, family coaching, and treatment placement.*

### **BEST DAY PSYCHIATRY AND COUNSELING**

[www.fayettevillepsych.com/pinehurst-office](http://www.fayettevillepsych.com/pinehurst-office)

305 N. PAGE RD, UNIT 6 • PINEHURST , NC 28374

*General psychiatry and counseling.*

### **BRADFORD ASSOCIATES NC LLC**

<https://bradfordassociatesncllc.business.site/>

910-944-0938

250 MAGNOLIA SQUARE CT • ABERDEEN , NC 28315

**GENERAL PSYCHIATRIC  
& SUBSTANCE ABUSE DISORDER TREATMENT**

**CAROLINA BEHAVIORAL CARE PHARMACY**

910-295-6007

www.carolinabehavioralcare.com

289 OLMSTED BLVD • PINEHURST , NC 28374

*Full range of psychiatric treatment, youth and adults.*

**DAYMARK RECOVERY SERVICES INC**

910-295-6853

www.daymarkrecovery.org

205 MEMORIAL DR • PINEHURST , NC 28374

*Comprehensive community provider of non-hospital detoxification services, psychiatry services, and facility-based crisis services.*

**DILIGENT CARE INC**

910-944-7500

www.diligentcareinc.com

310 MAGNOLIA SQUARE COURT • ABERDEEN, NC 28315

*Residential support and day services for those with intellectual/developmental disabilities.*

**EL FUTURO**

919-688-7101

<https://elfuturo-nc.org>

401 N. IVEY AVENUE • SILER CITY, NC 27344

*A community-based nonprofit organization that seeks to transform Latino-serving mental health care in North Carolina and beyond, providing bilingual and culturally-responsive mental health services including therapy, psychiatry, substance use treatment, and case management.*

**FIRST HEALTH BEHAVIORAL AND PSYCH CARE –  
PINEHURST**

www.firsthealth.org/specialties/more-services/behavioral-services

910-715-3370

35 MEMORIAL DRIVE • PINEHURST, NC 28374

*Provides full range of psychiatric, addiction, and clinical services, inpatient and outpatient.*

**JONATHON GODWIN**

910-633-2919

405 CHURCHILL DOWNS DR • ABERDEEN , NC 28315

*Mental health counselor serving adolescents and children.*

**GREATER VISION COUNSELING & CONSULTING**

www.greatervisioncounseling.com

greatervisioncounseling402@gmail.com

910-875-5590

Locations in Southern Pines, Fayetteville, Rockingham, and Raeford.

*Mental health counseling for couples and individuals.*

**HARLEY GRACE FARM AND COUNSELING CENTER**

910-585-9074

www.harleygrace.com

rose@harleygrace.org

185 WOOSTER ROAD • SOUTHERN PINES, NC 28387

*Equine-assisted psychotherapy, combining evidence-based mental health treatment with non-traditional activities including horses.*

**LIZ HARRY, MSW, LCSW;**

**FIRST HEALTH OF THE CAROLINAS**

www.firsthealth.org/directory/staff/liz-harry-msw-lcsw

910-213-3100

225 W. PENNSYLVANIA AVENUE • SOUTHERN PINES, NC 28387

*Counselor and social worker, practice focused on mental health, substance abuse-related issues.*

**HAYMOUNT INSTITUTE  
FOR PSYCHOLOGICAL SERVICES**

910-824-7593

<https://haymountinstitute.com>

806 HAY STREET • FAYETTEVILLE, NC 28305

*Outpatient mental health clinic offering full range of services and therapies. Also has office location in Raeford.*

## **HEALING MINDS THERAPEUTIC SERVICES PLLC**

Johnny Leonard, MA, NCC, LCMHCS, MAC, LCAS, CCS, SAP, CHt.

910-580-9346

[www.healingmindsnc.com](http://www.healingmindsnc.com)

[jleonard@healingmindsnc.com](mailto:jleonard@healingmindsnc.com)

4140 RAMSEY STREET, SUITE 108 • FAYETTEVILLE, NC 28311

*Mental health and substance abuse services from age 6 to older adults, including evaluations (mental health, DWI-DOT, substance abuse) to counseling services (individual, family, couples).*

## **HEALTHPRO PEDIATRICS IN PINEHURST**

Kaylan Little, M.S., BCBA, LBA

910-218-0838

<https://healthpropediatrics.com>

289 OLMSTED BOULEVARD • PINEHURST, NC 28374

*Provides ABA therapy for children and adults, using interventions based on principles of learning to improve socially significant behaviors.*

## **KARDIA COUNSELING AND CONSULTING**

Shelwilbed O. Wray, owner/director

910-725-2074

780 NW BROAD STREET, SUITE 210 • SOUTHERN PINES, NC 28387

[www.kardiahealing.com](http://www.kardiahealing.com)

*Specializes in treating addictive disorders, such as alcohol, drug, and eating disorders. Owner is Psychedelic Assisted Psychotherapist and retired veteran.*

## **LOVE LIFE COUNSELING SERVICES**

[www.lovelifecounselingservices.com](http://www.lovelifecounselingservices.com)

910-209-4332

212 ELM ST • ABERDEEN, NC 28315

*Mental health counseling and treatment, including family and couples counseling, substance abuse, anger management, and sex offender treatment.*

**ELIZABETH MANLEY, MSN, RNCS**

910-690-8699

100 MAGNOLIA SQUARE COURT • ABERDEEN, NC 28315

*Psychotherapy and counseling of individuals, couples, and groups (adults only).*

**SARA I. MCCARTNEY, MA, LCMHCS**

Disciple 4 Life, LLC

910-433-9007

Counselor.therapist4u@gmail.com

<https://disciple4lifesara.com>

*Individual, marriage, and family counseling using dialectical behavior informed therapy.*

**MCCREIGHT PSYCHOTHERAPY AND CLINICAL COUNSELING, PLLC**

Devlyn H. McCreight, PhD, LCMHC, NCC

360-819-8799

<https://mccreight-psychotherapy.clientsecure.me>

101 MONROE STREET, SUITE B • CARTHAGE, NC 28327

*Serving patients age 18+, families, and couples with depression, anxiety, self-image issues, relationship problems, etc. Particular focus on college students, medical and healthcare professionals, military members, and clergy.*

**THE ME GREEN HOUSE LLC**

<https://www.megreenhouse.com>

910-725-1246

139 PINEHURST AVE, STE A • SOUTHERN PINES, NC 28387

*Outpatient substance abuse treatment and counseling, also couples and family therapy.*

**MOORE COUNTY ALCOHOLICS ANONYMOUS**

910-420-0575

<https://moorecountyaa.org>

moorecountyaa@gmail.com

*A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. Programming includes Al-Anon for relatives and friends of alcoholics.*

**MOORE COUNTY CHILDREN'S ADVOCACY CENTER**

910-852-9660

[www.moorecac.org](http://www.moorecac.org)

[moorecac@southmountain.org](mailto:moorecac@southmountain.org)

408 S MCNEILL ST • CARTHAGE , NC 28327

*Services for victims of child abuse and their families.*

**MOORE FREE AND CHARITABLE CLINIC**

[www.moorefreecare.org](http://www.moorefreecare.org)

910-246-5333

211 TRIMBLE PLANT ROAD, SUITE C

SOUTHERN PINES, NC 28387

*Medical care clinic for uninsured patients.*

**MOORE PEDIATRIC THERAPY SERVICES**

910-673-5437

[www.moorepediatricnc.com](http://www.moorepediatricnc.com)

1163 SEVEN LAKES DR • WEST END , NC 273769082

*Mental health counseling for children, plus occupational, physical, speech language therapy.*

**NARCOTICS ANONYMOUS – NC REGION**

**855-227-NCNA**

[www.ncregion-na.org](http://www.ncregion-na.org)

*Offers recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings.*

**NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) OF MOORE COUNTY**

[www.nami-moorecounty.com](http://www.nami-moorecounty.com)

[namimoorecounty@gmail.com](mailto:namimoorecounty@gmail.com)

910-295-1053

P.O. BOX 4823 • PINEHURST, NC 28374

*Provides assistance with wide range of mental health issues. Offers workshops on ADHD, anger management, bullying, bipolar disorder, autism, self-esteem, and family support.*

**LORA PILCHER, M.A., NCC, LCMHC; KALEIDOSCOPE  
EVOLUTION COUNSELING**

<https://kaleidoscopeevolution.com>

910-460-3613 or 217-520-3109

P.O. BOX 3755 • PINEHURST, NC 28374

*Counselor, practice focused upon LGBTQ+ youth and young adults.*

**PINEHURST COMPREHENSIVE TREATMENT CENTER**

855-602-6428

[www.acadiahealthcare.com/locations/pinehurst-comprehensive-treatment-center](http://www.acadiahealthcare.com/locations/pinehurst-comprehensive-treatment-center)

20 PAGE DR • PINEHURST, NC 28374

*Medication-assisted treatment for adults addicted to opioids, heroin, prescription painkillers, etc.*

**PINEHURST NEUROPSYCHOLOGY BRAIN AND  
MEMORY CLINIC**

Dr. Karen Sullivan

910-420-8041

[www.pinehurstneuropsychology.com](http://www.pinehurstneuropsychology.com)

*Tele-health appointments only, physician referral required.*

*Clinical and forensic neuropsychological evaluations for patients age 50+ with memory and cognitive issues.*

**PINES COUNSELING**

Denise Fritchey, PsyD, Licensed Psychologist

Joe Fritchey, MA, LCMHC

727-244-0151

[www.pinescounseling.com](http://www.pinescounseling.com)

115 E. PENNSYLVANIA AVENUE, SUITE 15

SOUTHERN PINES, NC 28387

*Individual, couples, and family therapy, trauma, EMDR.*

**PINNACLE FAMILY SERVICES OF NC LLC**

910-673-3535

[www.pinnaclefamilyservices.com](http://www.pinnaclefamilyservices.com)

241 GRANT ST • WEST END, NC 27376

*Home and community-based services for at-risk youth; therapeutic foster care, in-home, school-based services.*

**POSSIBILITIES THERAPY, PLLC**

Kim Edmister, LMFTA, MS, MA

910-830-3064

120 APPLECROSS ROAD, SUITE 2 • PINEHURST, NC 28374

[www.possibilitiesNC.com](http://www.possibilitiesNC.com)

*Private practitioner specializing in marital/couple/relationship therapy.*

**T. AARON PRIEST, LCMHCA, NCC**

984-208-3363

<https://depth-solutions.com>

208 OLMSTED BOULEVARD, SUITE 11B-8

PINEHURST, NC 28374

*Individual psychotherapy, couples counseling, and performance counseling.*

**QUAKER HOUSE OF FAYETTEVILLE, INC.**

910-323-3912

[www.quakerhouse.org](http://www.quakerhouse.org)

223 HILLSIDE AVENUE • FAYETTEVILLE, NC 28301

*Provides counseling and support to servicemembers, their families, and the public. Free and confidential counseling for moral injury, domestic violence, sexual assault, and/or substance abuse. Also a part of GI Rights Hotline.*

**RECOVERY MOORE RESOURCE CENTER**

Newly opened, operated jointly by Pilgrim's Progress, Samaritan Colony, and Sandhills Opioid Response Consortium.

205 KNIGHT STREET • ABERDEEN, NC 28315

*Free drop-in center for anyone needing medical assistance with substance abuse recovery.*

**RENFREW CENTER**

800-RENFREW

<https://renfrewcenter.com>

6633 FAIRVIEW ROAD • CHARLOTTE, NC 28210

*Outpatient and virtual day treatment center specializing in full range of eating disorders, including anorexia and bulimia.*

**SANDHILLS COMMUNITY COLLEGE  
COUNSELING SERVICES**

Anita Mashburn, Director, MA, LCMHC, NCC  
910-695-3968

[www.sandhills.edu/student-resources/counseling/index.html](http://www.sandhills.edu/student-resources/counseling/index.html)  
[mashburna@sandhills.edu](mailto:mashburna@sandhills.edu)

3395 AIRPORT ROAD • PINEHURST, NC 28374

*Mental health counseling services, free of charge, for all full- and part-time students of SCC.*

**SANDHILLS PEDIATRICS INC**

<https://sandhillspeds.com/>  
910-692-2444

195 W ILLINOIS AVE • SOUTHERN PINES, NC 28387

*General pediatric practice, including mental health treatment.*

**SOLAS HEALTH PLLC**

<https://solas.health>  
910-295-7246

285 OLMSTED BLVD, STE 1 • PINEHURST , NC 28374

*Addiction services, substance abuse treatment, also pain management (arthritis, neuropathy, neck and back pain, etc).*

**SPECIALIZED SERVICES AND PERSONNEL**

910-944-8125

[www.sspinc.org](http://www.sspinc.org)

301 N SYCAMORE ST • ABERDEEN , NC 28315

*Residential support, family and caregiver training, crisis services for those with intellectual/developmental disabilities.*

**STEVEN A. COHEN MILITARY FAMILY  
CLINIC AT CENTERSTONE**

<https://centerstone.org/cohen-military-family-clinic/centerstone>  
877-HOPE123

3305 VILLAGE DRIVE • FAYETTEVILLE, NC 28304

*Comprehensive mental healthcare provider for military service men and women and their families.*

**TRUE MENTAL HEALTH AND WELLNESS, PLLC**

Tera Duthie, MSW, LCSW

Jessica McIlwain, MSW, LCSWA

910-585-6108

15 DAWN ROAD, SUITE 2 • PINEHURST, NC 28374

[www.truemhw.com](http://www.truemhw.com)

*Psychotherapy and counseling services, focus on general mental health, trauma, military veterans and families, EMDR.*

**UNC CENTER OF EXCELLENCE  
FOR EATING DISORDERS**

**UNC SCHOOL OF MEDICINE – PSYCHIATRY**

984-974-5217

[www.med.unc.edu/psych/eatingdisorders](http://www.med.unc.edu/psych/eatingdisorders)

101 MANNING DRIVE, NC NEUROSCIENCES BUILDING  
CHAPEL HILL, NC 27514

*Research facility and treatment center focused on full range of eating disorders, including youth patient treatment.*

**SHEILA D. WILLIAMSON COLLINS, PHD, NCC,  
LCMHCS, LCAS, CCMHC, CCS**

Community Behavioral Care, PLLC

910-434-8499

225 S. HANCOCK STREET, SUITE E • ROCKINGHAM, NC 28345

[www.swilliamsontherapist.com](http://www.swilliamsontherapist.com)

*Outpatient services for anxiety, depression, anger, addictions, and other co-occurring disorders.*

**YOUTH VILLAGES**

[www.youthvillages.org](http://www.youthvillages.org)

910-758-8778

2018 FORT BRAGG ROAD, SUITE 122A & B

FAYETTEVILLE, NC 28303

*Comprehensive coordinator of services for children and youth through age 22, including in-home, residential treatment, adoption, and multisystemic therapy.*

## **PREVENTION AND EDUCATION**

### **THE ARC OF MOORE COUNTY INC**

910-692-8272

[www.thearcofmoore.org](http://www.thearcofmoore.org)

673 S BENNETT ST • SOUTHERN PINES, NC 28387

*Services for those with intellectual/developmental disabilities.*

### **DRUG FREE MOORE COUNTY**

<https://drugfreemoore.org/>

910-835-7006

703-B PINEHURST AVENUE • CARTHAGE, NC 28327

*A drug abuse prevention agency that provides educational materials and programs for children and adults.*

### **EL FUTURO**

919-688-7101

<https://elfuturo-nc.org>

401 N. IVEY AVENUE • SILER CITY, NC 27344

*A community-based nonprofit organization that seeks to transform Latino-serving mental health care in North Carolina and beyond, providing bilingual and culturally-responsive mental health services including therapy, psychiatry, substance use treatment, and case management.*

### **ELKS DRUG AWARENESS PROGRAM**

<https://ncelks.org/programs/drug-awareness/>

910-692-7375

280 COUNTRY CLUB CIRCLE • SOUTHERN PINES NC 28387

*Provides resource materials on drug and alcohol education, free of charge.*

### **MOORE COUNTY ALCOHOLICS ANONYMOUS**

910-420-0575

<https://moorecountyyaa.org>

[moorecountyyaa@gmail.com](mailto:moorecountyyaa@gmail.com)

*A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. Programming includes Al-Anon for relatives and friends of alcoholics.*

## **NARCOTICS ANONYMOUS – NC REGION**

**855-227-NCNA**

[www.ncregion-na.org](http://www.ncregion-na.org)

*Offers recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings.*

## **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) OF MOORE COUNTY**

[www.nami-moorecounty.com](http://www.nami-moorecounty.com)

[namimoorecounty@gmail.com](mailto:namimoorecounty@gmail.com)

910-295-1053

P.O. BOX 4823

PINEHURST, NC 28374

*Provides assistance with wide range of mental health issues. Offers workshops on ADHD, anger management, bullying, bipolar disorder, autism, self-esteem, and family support.*

## **ON OUR SLEEVES; THE MOVEMENT FOR CHILDREN'S MENTAL HEALTH**

855-902-5437

[www.onoursleeves.org](http://www.onoursleeves.org)

[info@onoursleeves.org](mailto:info@onoursleeves.org)

*Online resource for obtaining expert information on wide variety of children's mental health issues, including depression, bullying, substance abuse, social media influence.*

## **PARTNERS FOR CHILDREN AND FAMILIES**

910-949-4045

[www.pfcfmc.org/aboutus](http://www.pfcfmc.org/aboutus)

7720 NC HIGHWAY 22 • CARTHAGE, NC 28327

*Local non-profit resource for locating and accessing child care.*

## **SANDHILLS PRIDE**

[www.sandhillspride.org](http://www.sandhillspride.org)

[contact@sandhillspride.org](mailto:contact@sandhillspride.org)

P.O. BOX 3473 • PINEHURST, NC 28374

*LGBTQ+ advocacy organization serving Sandhills region.*

*Programs include identity and discussion groups for youth, men, women, and trans/nonbinary persons. Also presents Safe Zone*

*trainings for schools, employers, and other organizations wanting to promote inclusivity.*

**SOUTHERN REGIONAL AHEC; A PART OF NC AHEC  
(AREA HEALTH EDUCATION CENTER)**

910-678-7201

[www.southernregionalahec.org](http://www.southernregionalahec.org)

Denise Melton, MSW;

[Denise.melton@sr-ahec.org](mailto:Denise.melton@sr-ahec.org)

1601 OWEN DRIVE • FAYETTEVILLE, NC 28304

*Provides Behavioral Health Education for military and veterans, including CPR and BLS and other emergency medical programs. Also offers pathway initiatives for military children in grades 8 – 12.*

**YOUTH VILLAGES**

[www.youthvillages.org](http://www.youthvillages.org)

910-758-8778

2018 FORT BRAGG ROAD, SUITE 122A & B

FAYETTEVILLE, NC 28303

*Comprehensive coordinator of services for children and youth through age 22, including in-home, residential treatment, adoption, and multisystemic therapy.*

## RESIDENTIAL FACILITIES

### **BARRY ROBINSON CENTER**

Contact: Mary Lanier, NC military liaison, 910-849-8386

[www.barryrobinson.org](http://www.barryrobinson.org)

115 KEMPSVILLE ROAD • NORFOLK, VA 23502

*Psychiatric residential facility in Norfolk, serves exclusively military-connected youth ages 11-17 dealing with behavioral health challenges.*

### **THE BETHANY HOUSE**

910-692-0779

240 E VERMONT AVE • SOUTHERN PINES, NC 28387

*Residential program for female substance abusers, includes AA/NA attendance, group counseling, employment assistance.*

### **BETHESDA, INC.**

<https://bethesdahalfwayhouse.org/>

910-944-7700

204 N PINE ST • ABERDEEN, NC 28315

*Halfway house for recovering male substance abusers who have recently completed an inpatient program.*

### **CORNERSTONE TREATMENT FACILITY**

910-673-0833

[www.ncprtf.com](http://www.ncprtf.com)

778 HOFFMAN RD • WEST END, NC 27376

*Residential psychiatric treatment center for young men with behavioral/emotional challenges.*

### **LINDEN LODGE**

<https://lindenlodgenc.org/>

910-295-0600

2251 LINDEN ROAD • ABERDEEN, NC 28315

*Residential recovery facility for those with serious mental illness, also provides day programs.*

## **MONARCH BEHAVIORAL SERVICES**

910-692-2104

[www.monarchnc.org](http://www.monarchnc.org)

335 W CONNECTICUT AVE • SOUTHERN PINES, NC 28387

*Group home for adults with intellectual/developmental disabilities, plus long-term support and behavioral health services.*

## **OPERATION RED WINGS FOUNDATION**

936-755-6075

[info@orwfoundation.org](mailto:info@orwfoundation.org)

<https://orwfoundation.org>

Based in Huntsville, TX; *provides therapeutic retreats for veterans, service members, and family members with conditions such as PTSD, mTBI, and chronic pain.*

## **PORT HEALTH SERVICES**

910-944-2189

<https://www.porthhealth.org/>

206 N PINE ST • ABERDEEN, NC 28315

*Intensive residential treatment program for adolescents age 13-17, offers comprehensive plan of treatment, education, residential treatment.*

## **SAMARITAN COLONY**

<https://samaritancolony.org>

910-895-3243

136 SAMARITAN DRIVE • ROCKINGHAM, NC 28379

*Samaritan Colony is a 12-bed nonprofit residential chemical dependency treatment facility for men in Rockingham, NC.*

## **SANDHILLS TEEN CHALLENGE**

[www.sandhillstc.org](http://www.sandhillstc.org)

910-947-2944

444 FARMLIFE SCHOOL ROAD • CARTHAGE, NC 28327

*Residential faith-based recovery program that also provides prevention and education to school and youth groups.*

**TAMBRA PLACE; YOUNG WOMEN'S TRANSITIONAL HOME OF MOORE COUNTY**

www.tambraplace.org

ywthmoore@gmail.com

*Provides a safe, nurturing, social learning environment for homeless and at-risk young women in Moore County, ages 18-24.*

**UNC HOSPITALS YOUTH BEHAVIORAL HEALTH**

919-338-8500

www.uncmedicalcenter.org/uncmc/hospitals-locations/profile/unc-hospitals-youth-behavioral-health

100 W. H STREET • BUTNER, NC 27509

*Inpatient facility for children and teens, offering short-term hospitalization to stabilize mental illness. By referral only.*

## COMMUNITY SERVICES AND AFTERCARE

### **ALEXANDER YOUTH NETWORK**

910-684-1400

[www.alexanderyouthnetwork.org](http://www.alexanderyouthnetwork.org)

[info@alexanderyouthnetwork.org](mailto:info@alexanderyouthnetwork.org)

945 SW BROAD ST • SOUTHERN PINES , NC 28387

*Services for children with emotional and behavioral challenges.*

### **ALLEN BROOKS PROFESSIONAL COUNSELING**

910-364-8930

[www.allenbrooksllpc.com](http://www.allenbrooksllpc.com)

212 ELM ST • ABERDEEN, NC 283152802

*Counseling for individuals, families, groups.*

### **THE ARC OF MOORE COUNTY INC**

910-692-8272

[www.thearcofmoore.org](http://www.thearcofmoore.org)

673 S BENNETT ST • SOUTHERN PINES, NC 28387

*Services for those with intellectual/developmental disabilities.*

### **BE FREE RECOVERY**

Tayloe Moye, LCSW, LCAS

780 NW BROAD STREET, SUITE 400 (inside Baker Law Firm)

SOUTHERN PINES, NC 28387

*Treatment of substance abuse disorders, including intervention, family coaching, and treatment placement.*

### **BEST DAY PSYCHIATRY AND COUNSELING**

[www.fayettevillepsych.com/pinehurst-office](http://www.fayettevillepsych.com/pinehurst-office)

305 N. PAGE RD, UNIT 6 • PINEHURST , NC 28374

*General psychiatry and counseling.*

### **BRADFORD ASSOCIATES NC LLC**

<https://bradfordassociatesncllc.business.site/>

910-944-0938

250 MAGNOLIA SQUARE CT • ABERDEEN , NC 28315

*General psychiatric and substance abuse disorder treatment.*

**CAROLINA BEHAVIORAL CARE PHARMACY**

910-295-6007

[www.carolinabehavioralcare.com](http://www.carolinabehavioralcare.com)

289 OLMSTED BLVD • PINEHURST , NC 28374

*Full range of psychiatric treatment, youth and adults.*

**DAYMARK RECOVERY SERVICES INC**

910-295-6853

[www.daymarkrecovery.org](http://www.daymarkrecovery.org)

205 MEMORIAL DR • PINEHURST , NC 28374

*Comprehensive community provider of non-hospital detoxification services, psychiatry services, and facility-based crisis services.*

**DILIGENT CARE INC**

910-944-7500

[www.diligentcareinc.com](http://www.diligentcareinc.com)

310 MAGNOLIA SQUARE COURT • ABERDEEN, NC 28315

*Residential support and day services for those with intellectual/developmental disabilities.*

**EL FUTURO**

919-688-7101

<https://elfuturo-nc.org>

401 N. IVEY AVENUE • SILER CITY, NC 27344

*A community-based nonprofit organization that seeks to transform Latino-serving mental health care in North Carolina and beyond, providing bilingual and culturally-responsive mental health services including therapy, psychiatry, substance use treatment, and case management.*

**FAMILY PROMISE OF MOORE COUNTY**

<https://fpofmc.org>

910-944-7149

400 SAUNDERS BOULEVARD • ABERDEEN, NC 28315

*Family Promise of Moore County provides shelter, meals, and opportunity to help families experiencing homelessness or financial insecurity achieve sustainable independence through a community-based response.*

**FIRST HEALTH BEHAVIORAL AND PSYCH CARE –  
PINEHURST**

www.firsthealth.org/specialties/more-services/behavioral-services  
910-715-3370

35 MEMORIAL DRIVE • PINEHURST, NC 28374

*Provides full range of psychiatric, addiction, and clinical services,  
inpatient and outpatient.*

**FRIEND TO FRIEND**

www.friendtofriend.me

910-947-1703

24/7 Crisis Line 910-947-3333

101 MONROE STREET, SUITE A

CARTHAGE, NC 28327

*Offers help to all persons affected by interpersonal violence, such  
as domestic violence, sexual assault, and human trafficking.  
Committed to offering prevention, intervention, and holistic  
recovery services and support for survivors.*

**JONATHON GODWIN**

910-633-2919

405 CHURCHILL DOWNS DR • ABERDEEN , NC 28315

*Mental health counselor serving adolescents and children.*

**GREATER VISION COUNSELING & CONSULTING**

www.greatervisioncounseling.com

greatervisioncounseling402@gmail.com

910-875-5590

Locations in Southern Pines, Fayetteville, Rockingham, and  
Raeford.

*Mental health counseling for couples and individuals.*

**HARLEY GRACE FARM AND COUNSELING CENTER**

910-585-9074

www.harleygrace.com

rose@harleygrace.org

185 WOOSTER ROAD • SOUTHERN PINES, NC 28387

*Equine-assisted psychotherapy, combining evidence-based mental  
health treatment with non-traditional activities including horses.*

**LIZ HARRY, MSW, LCSW; FIRST HEALTH OF THE CAROLINAS**

[www.firsthealth.org/directory/staff/liz-harry-msw-lcsw](http://www.firsthealth.org/directory/staff/liz-harry-msw-lcsw)  
910-213-3100

225 W. PENNSYLVANIA AVENUE  
SOUTHERN PINES, NC 28387

*Counselor and social worker, practice focused on mental health, substance abuse-related issues.*

**HAYMOUNT INSTITUTE FOR PSYCHOLOGICAL SERVICES**

910-824-7593

<https://haymountainstitute.com>

806 HAY STREET • FAYETTEVILLE, NC 28305

*Outpatient mental health clinic offering full range of services and therapies. Also has office location in Raeford.*

**HEALING MINDS THERAPEUTIC SERVICES PLLC**

Johnny Leonard, MA, NCC, LCMHCS, MAC, LCAS, CCS, SAP, CHt.

910-580-9346

[www.healingmindsnc.com](http://www.healingmindsnc.com)

[jleonard@healingmindsnc.com](mailto:jleonard@healingmindsnc.com)

4140 RAMSEY STREET, SUITE 108 • FAYETTEVILLE, NC 28311

*Mental health and substance abuse services from age 6 to older adults, including evaluations (mental health, DWI-DOT, substance abuse) to counseling services (individual, family, couples).*

**HEALTHPRO PEDIATRICS IN PINEHURST**

Kaylan Little, M.S., BCBA, LBA

910-218-0838

<https://healthpropediatrics.com>

289 OLMSTED BOULEVARD • PINEHURST, NC 28374

*Provides ABA therapy for children and adults, using interventions based on principles of learning to improve socially significant behaviors.*

## **KARDIA COUNSELING AND CONSULTING**

Shelwilbed O. Wray, owner/director

910-725-2074

780 NW BROAD STREET, SUITE 210

SOUTHERN PINES, NC 28387

[www.kardiadhealing.com](http://www.kardiadhealing.com)

*Specializes in treating addictive disorders, such as alcohol, drug, and eating disorders. Owner is Psychedelic Assisted Psychotherapist and retired veteran.*

## **LOVE LIFE COUNSELING SERVICES**

[www.lovelifecounselingservices.com](http://www.lovelifecounselingservices.com)

910-209-4332

212 ELM ST • ABERDEEN , NC 28315

*Mental health counseling and treatment, including family and couples counseling, substance abuse, anger management, and sex offender treatment.*

## **ELIZABETH MANLEY, MSN, RNCS**

910-690-8699

100 MAGNOLIA SQUARE COURT • ABERDEEN, NC 28315

*Psychotherapy and counseling of individuals, couples, and groups (adults only).*

## **SARA I. MCCARTNEY, MA, LCMHCS**

Disciple 4 Life, LLC

910-433-9007

[Counselor.therapist4u@gmail.com](mailto:Counselor.therapist4u@gmail.com)

<https://disciple4lifesara.com>

*Individual, marriage, and family counseling using dialectical behavior informed therapy.*

## **MCCREIGHT PSYCHOTHERAPY AND CLINICAL COUNSELING, PLLC**

Devlyn H. McCreight, PhD, LCMHC, NCC

360-819-8799

<https://mccreight-psychotherapy.clientsecure.me>

101 MONROE STREET, SUITE B • CARTHAGE, NC 28327

*Serving patients age 18+, families, and couples with depression, anxiety, self-image issues, relationship problems, etc. Particular focus on college students, medical and healthcare professionals, military members, and clergy.*

**THE ME GREEN HOUSE LLC**

<https://www.megreenhouse.com>

910-725-1246

139 PINEHURST AVE, STE A • SOUTHERN PINES , NC 28387  
*Outpatient substance abuse treatment and counseling, also couples and family therapy.*

**MOORE COUNTY ALCOHOLICS ANONYMOUS**

910-420-0575

<https://moorecountyyaa.org>

[moorecountyyaa@gmail.com](mailto:moorecountyyaa@gmail.com)

*A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. Programming includes Al-Anon for relatives and friends of alcoholics.*

**MOORE COUNTY CHILDREN'S ADVOCACY CENTER**

910-852-9660

[www.moorecac.org](http://www.moorecac.org)

[moorecac@southmountain.org](mailto:moorecac@southmountain.org)

408 S MCNEILL ST • CARTHAGE , NC 28327

*Services for victims of child abuse and their families.*

**MOORE FREE AND CHARITABLE CLINIC**

[www.moorefrecare.org](http://www.moorefrecare.org)

910-246-5333

211 TRIMBLE PLANT ROAD, SUITE C  
SOUTHERN PINES, NC 28387

*Medical care clinic for uninsured patients.*

**MOORE PEDIATRIC THERAPY SERVICES**

910-673-5437

[www.moorepediatricnc.com](http://www.moorepediatricnc.com)

1163 SEVEN LAKES DR • WEST END , NC 273769082

*Mental health counseling for children, plus occupational, physical, speech language therapy.*

**NARCOTICS ANONYMOUS – NC REGION**

**855-227-NCNA**

[www.ncregion-na.org](http://www.ncregion-na.org)

*Offers recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings.*

**NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) OF MOORE COUNTY**

[www.nami-moorecounty.com](http://www.nami-moorecounty.com)

[namimoorecounty@gmail.com](mailto:namimoorecounty@gmail.com)

910-295-1053

P.O. BOX 4823 • PINEHURST, NC 28374

*Provides assistance with wide range of mental health issues. Offers workshops on ADHD, anger management, bullying, bipolar disorder, autism, self-esteem, and family support.*

**LORA PILCHER, M.A., NCC, LCMHC; KALEIDOSCOPE EVOLUTION COUNSELING**

<https://kaleidoscopeevolution.com>

910-460-3613

217-520-3109

P.O. BOX 3755 • PINEHURST, NC 28374

*Counselor, practice focused upon LGBTQ+ youth and young adults.*

**PINEHURST COMPREHENSIVE TREATMENT CENTER**

855-602-6428

[www.acadiahealthcare.com/locations/pinehurst-comprehensive-treatment-center](http://www.acadiahealthcare.com/locations/pinehurst-comprehensive-treatment-center)

20 PAGE DR • PINEHURST, NC 28374

*Medication-assisted treatment for adults addicted to opioids, heroin, prescription painkillers, etc.*

**PINES COUNSELING**

Denise Fritchey, PsyD, Licensed Psychologist

Joe Fritchey, MA, LCMHC

727-244-0151

[www.pinescounseling.com](http://www.pinescounseling.com)

115 E. PENNSYLVANIA AVENUE, SUITE 15

SOUTHERN PINES, NC 28387

*Individual, couples, and family therapy, trauma, EMDR.*

**PINNACLE FAMILY SERVICES OF NC LLC**

910-673-3535

[www.pinnaclefamilyservices.com](http://www.pinnaclefamilyservices.com)

241 GRANT ST • WEST END , NC 27376

*Home and community-based services for at-risk youth; therapeutic foster care, in-home, school-based services.*

**POSSIBILITIES THERAPY, PLLC**

Kim Edmister, LMFTA, MS, MA

910-830-3064

120 APPLECROSS ROAD, SUITE 2 • PINEHURST, NC 28374

[www.possibilitiesNC.com](http://www.possibilitiesNC.com)

*Private practitioner specializing in marital/couple/relationship therapy.*

**T. AARON PRIEST, LCMHCA, NCC**

984-208-3363

<https://depth-solutions.com>

208 OLMSTED BOULEVARD, SUITE 11B-8

PINEHURST, NC 28374

*Individual psychotherapy, couples counseling, and performance counseling.*

**QUAKER HOUSE OF FAYETTEVILLE, INC.**

910-323-3912

[www.quakerhouse.org](http://www.quakerhouse.org)

223 HILLSIDE AVENUE • FAYETTEVILLE, NC 28301

*Provides counseling and support to service members, their families, and the public. Free and confidential counseling for moral injury, domestic violence, sexual assault, and/or substance abuse. Also a part of GI Rights Hotline.*

**RECOVERY MOORE RESOURCE CENTER**

Newly opened, operated jointly by Pilgrim's Progress, Samaritan Colony, and Sandhills Opioid Response Consortium.

205 KNIGHT STREET • ABERDEEN, NC 28315

*Free drop-in center for anyone needing medical assistance with substance abuse recovery.*

**RENFREW CENTER**

800-RENFREW

<https://renfrewcenter.com>

6633 FAIRVIEW ROAD • CHARLOTTE, NC 28210

*Outpatient and virtual day treatment center specializing in full range of eating disorders, including anorexia and bulimia.*

**SANDHILLS PEDIATRICS INC**

<https://sandhillspeds.com/>

910-692-2444

195 W ILLINOIS AVE • SOUTHERN PINES, NC 28387

*General pediatric practice, including mental health treatment.*

**SOLAS HEALTH PLLC**

<https://solas.health>

910-295-7246

285 OLMSTED BLVD, STE 1 • PINEHURST, NC 28374

*Addiction services, substance abuse treatment, also pain management (arthritis, neuropathy, neck and back pain, etc).*

**SPECIALIZED SERVICES AND PERSONNEL**

910-944-8125

[www.sspinc.org](http://www.sspinc.org)

301 N SYCAMORE ST • ABERDEEN, NC 28315

*Residential support, family and caregiver training, crisis services for those with intellectual/developmental disabilities.*

**STEVEN A. COHEN MILITARY FAMILY CLINIC AT CENTERSTONE**

<https://centerstone.org/cohen-military-familily-clinic/centerstone>

877-HOPE123

3305 VILLAGE DRIVE • FAYETTEVILLE, NC 28304

*Comprehensive mental healthcare provider for military service men and women and their families.*

**SURVIVOR OF SUICIDE SUPPORT GROUP**

Meets first Tuesday of each month, 6:00 – 8:00 p.m.,

at Weymouth Center

330-819-4423

555 E. CONNECTICUT AVENUE • SOUTHERN PINES, NC 28388

Contact: Iris Angle, [wildiris@walkingpoetry.com](mailto:wildiris@walkingpoetry.com)

## **TRILLIUM HEALTH RESOURCES**

877-685-2415 member and recipient line

888-302-0738 behavioral health crisis line

[www.trilliumhealthresources.org](http://www.trilliumhealthresources.org)

1120 SEVEN LAKES DRIVE • WEST END, NC 27376

*Agency affiliated with NC DHHS to assure access to mental health, developmental, and substance abuse services; does not provide care directly, but coordinates access, including for Medicaid and uninsured patients with serious mental health and substance abuse concerns.*

## **TRUE MENTAL HEALTH AND WELLNESS, PLLC**

Tera Duthie, MSW, LCSW

Jessica McIlwain, MSW, LCSWA

910-585-6108

15 DAWN ROAD, SUITE 2 • PINEHURST, NC 28374

[www.truemhw.com](http://www.truemhw.com)

*Psychotherapy and counseling services, focus on general mental health, trauma, military veterans and families, EMDR.*

## **UNC CENTER OF EXCELLENCE FOR EATING DISORDERS**

### **UNC SCHOOL OF MEDICINE – PSYCHIATRY**

984-974-5217

[www.med.unc.edu/psych/eatingdisorders](http://www.med.unc.edu/psych/eatingdisorders)

101 MANNING DRIVE, NC NEUROSCIENCES BUILDING  
CHAPEL HILL, NC 27514

*Research facility and treatment center focused on full range of eating disorders, including youth patient treatment.*

## **SHEILA D. WILLIAMSON COLLINS, PHD, NCC, LCMHCS, LCAS, CCMHC, CCS**

Community Behavioral Care, PLLC

910-434-8499

225 S. HANCOCK STREET, STE E • ROCKINGHAM, NC 28345

[www.swilliamsontherapist.com](http://www.swilliamsontherapist.com)

*Outpatient services for anxiety, depression, anger, addictions, and other co-occurring disorders.*

**YOUTH VILLAGES**

[www.youthvillages.org](http://www.youthvillages.org)

910-758-8778

2018 FORT BRAGG ROAD, SUITE 122A & B

FAYETTEVILLE, NC 28303

*Comprehensive coordinator of services for children and youth through age 22, including in-home, residential treatment, adoption, and multisystemic therapy.*

## SUPPORT GROUPS

### **ALZHEIMERS/DEMENTIA SUPPORT GROUP**

TERRA BELLA OF SOUTHERN PINES, ASSISTED LIVING BUILDING

Second Wednesday of each month, 11:30 a.m.; Third Thursday of each month, 5:00 p.m.

info@aosnc.com

910-692-0683

101 BRUCEWOOD DRIVE • SOUTHERN PINES, NC 28387

### **CAREGIVER SUPPORT GROUP / FOX HOLLOW**

First Tuesday of each month, 11:00 a.m.; and Third Tuesday of each month, 5:30 p.m.

Contact: Ashley Seace and Robin Hutchings, rhutchings@5ssl.com

910-695-0011

190 FOX HOLLOW ROAD • PINEHURST, NC 28374

### **CAREGIVER SUPPORT GROUP / MOORE COUNTY SENIOR ENRICHMENT CENTER**

Third Tuesday of each month, 11:00 a.m.

Contact: Alveda Person, aperson1@moorecountync.gov

910-947-4186

8040 US HIGHWAY 15-501 • WEST END, NC 27376

### **DEMENTIA CAREGIVERS SUPPORT GROUP COMMUNITY PRESBYTERIAN CHURCH**

First Wednesday of each month, 4:00 p.m.

Contact: Rebecca Ainslie, ainsliepic@gmail.com

910-295-6848

125 EVERETTE ROAD • PINEHURST, NC 28374

### **DEMENTIA CAREGIVER SUPPORT GROUP**

CLARA MCLEAN HOUSE / SHADOWLAWN ROOM

Weekly, Wednesdays at 10:30 a.m. and 7:00 p.m.

kpritchard@firsthealth.org

910-715-4224

20 FIRST VILLAGE DRIVE • PINEHURST, NC 28374

# SANDHILLS COALITION



FOR PEACE  
LOVE &  
JUSTICE